



Join us for the Roche-Sponsored Symposium at EAHAD 2025

# Moving beyond limits: Exploring evidence to support active lifestyles for people with haemophilia A

**Wednesday 5 February 2025 | 11:30–12:45 CET**

Ocean 3+4, Milano Convention Centre, North Wing,  
Piazzale Carlo Magno, Milan, Italy



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*The symposium will be available for virtual on-demand viewing*

**Join our expert panel as they discuss evidence on physical activity  
in haemophilia A and key considerations for shared decision-making  
and management strategies**

A live Q&A discussion will follow the presentations

## Learning objectives:

- To understand the current physical activity guidelines for individuals with haemophilia A and the relationship between haemostatic coverage and physical activity
- To evaluate the effectiveness of haemophilia A therapies in terms of physical activity outcomes
- To understand the collaborative approach between multidisciplinary teams (MDTs) and patients in shared decision-making processes for selecting appropriate physical activity and treatment strategies

## Our MDT faculty includes:



**Chair**  
**Dr Giancarlo Castaman**  
Careggi University Hospital,  
Italy



**Greig Blamey**  
Health Sciences  
Centre Winnipeg,  
Canada



**Paula Loughnane**  
Children's Health Ireland,  
Ireland